

Welcome to the 22nd edition of Speedway Australia's Speed eNews, your weekly update on the sport, tips and points to remember. Over the previous 21 weeks we have covered a wide range of topics and have received some positive feedback from several of you.

It is our intention to continue this weekly form of communication and we look forward to providing you this support in the weeks to come. Just a quick reminder that if any of the information in here needs to find it's way to social media, we will do so via our Speedway Australia channels only.

Feel free to get in touch if you have any questions or require a copy of one of the previous editions.

NICOLE'S LAST DAY



Long serving administrator Nicole Arnold has now finished with the organisation, with a poignant farewell taking place yesterday. She was certainly overwhelmed with the number of well wishes she received and has left things in good shape in terms of process and paperwork.

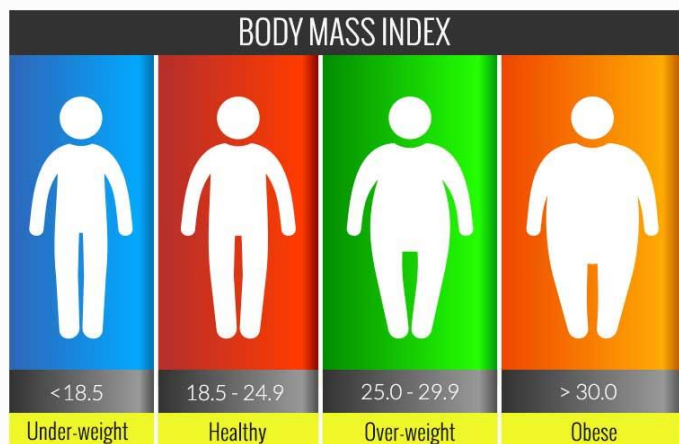
We'll have announcements soon on the post-Nicole arrangements for Speedway Australia, which is an exciting time of expansion for the organisation in terms of the services we offer to tracks, classes and other important stakeholders.

In the interim, for all track permit enquiries contact Liz Weaver in the first instance, with Kirsten Knox the main point of contact for licensing.

BMI NO BARRIER

Once upon a time, Speedway Australia had a maximum BMI limit that competitors had to comply with in order to receive a licence. Over the last couple of years, we've been conducting a trial in conjunction with our medical assessor that has seen competitors with a BMI higher than 40 able to get out on the track.

If a competitor is signed off by their own GP as having no evidence of any physical or mental illness that could exclude the applicant from racing, then a provisional 3-month licence can be issued subject to the following criteria:-



1. The competitor must be taking steps to reduce their BMI

2. The competitor is required to demonstrate ability to rapidly self-extricate from their vehicle by submitting a video of an extraction to Speedway Australia
3. The competitor must declare that they accept that their physical condition may impede medical and rescue responders efforts to disincarcerate/extricate them from their vehicle in the event of a collision whereby they cannot extricate themselves.

The competitor is then required to weigh in with their doctor every three months, and once they drop below 40 BMI a full licence is issued.

RISING STAR COMPETITORS PROGRAM

Speedway Australia's Rising Star Program is fast becoming a fantastic system for developing future talent. Set to return in 2019, another 20 future stars will be selected to take on the challenge of the program.

The aim of the program is to enhance the capabilities of younger speedway competitors by introducing them to the fundamentals of high performance sport. The participants will attend a four-day camp in April 2019 at the Australian Institute of Sport in Canberra, aiming to improve themselves in a range of areas including fitness training, psychology and marketing and media training. If these competitors grab the opportunity they've been given, the Rising Star Program will assist them in formulating a pathway to achieve their speedway dreams.

We are excited to announce that applications are once again open for all current Speedway Australia licence holders aged from 16 to 23. No matter where in the country, or what the division, the aim is to find the most suitable applicants and help them reach their potential in the sport.

As with any program of this stature, there are some eligibility requirements;

- Must be Speedway Australia Licensed driver
- Must be between the ages of 16-23
- Have a direction and long term goal in the Sport
- Show a history of good results in Speedway
- Be able to perform at a competent level of Fitness training

Applications can be made online, using the [form here](#). In addition to the personal details, applicants are also required to submit a presentation outlining their achievements and goals, both on track and off for juniors, and off track for officials.

With only 20 positions available, it's really important that competitors put in the effort with their application to avoid disappointment.

Interested? Check out our promo video link below!



Speedway Australia Contacts

Please see below for the relevant contacts for all your Speedway Australia requirements.

General Enquiries

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