

Welcome to the 58th edition of Speedway Australia's Speed eNews.

Please make sure that if you are the contact receiving this information for your organisation that you pass the information on to the rest of your committee as to keep them in the loop. You are also encouraged to distribute this newsletter to your members. Feel free to get in touch if you have any questions or require a copy of one of the previous editions.

KEEPING OUR TRACKS CLEAN



On our travels around the country for various events and through talking with promoters, it's come to our attention that many pits are being left in quite a state post-event.

It's important that as clubs, divisions and competitors our sport respects each venue and that we all leave tracks the way we found them when we arrived. It's simply not okay for competitors to leave rubbish or tyres in their pit area, expecting promoters to clean up their venues after them. As it is, tracks already spend considerable time and money cleaning up their spectator areas, so they don't need competitors adding to this workload.

As division and club leaders, it's important for you all to pass on this message to your drivers advising them that leaving their rubbish behind isn't acceptable. Most venues we visit have ample bins around the venue and what's more disappointing is we quite often find rubbish within metres of these. We encourage all divisions to try where possible to engage drivers in sorting this issue. Suggestions to help could be; mentioning it at drivers briefing, conducting a final walk around post-event noting messy pit bays, or even rostering on some 'duty drivers' from your club to do a quick tidy up before they leave.

We hope to see this issue improving next season at all Speedway Australia tracks.

SPEEDWAY AUSTRALIA CONTACTS

Please see below for the relevant contacts for all your Speedway Australia requirements.

General Enquiries

Tim Savell
James Hadley
Liz Weaver
Adam Brook
Ross Kirby
Kirsten Knox
Robin Pearce
Angela Warren

08 8139 0777

General Manager
Youth Development Officer
Track & Safety Dev. Officer
Sport Development Officer
Sport Development Officer
Licensing & Operations Admin.
Accounts
Office Administrator

or

admin@speedwayaustralia.net.au

tim@speedwayaustralia.net.au
james@speedwayaustralia.net.au
liz@speedwayaustralia.net.au
adam@speedwayaustralia.net.au
ross@speedwayaustralia.net.au
kirsten@speedwayaustralia.net.au
accounts@speedwayaustralia.net.au
angela@speedwayaustralia.net.au

SPEEDWAY AWARDS NOMINATIONS CLOSE TUESDAY!



A final reminder that Nominations close next Tuesday for the 2019 Australian Speedway Awards and Hall of Fame Ceremony, to be held at the Adelaide Convention Centre on June 22. This will be the fourth time we have hosted the annual Awards night, which will also see the 8th induction to the Australian Speedway Hall of Fame.

The Hall of Fame ceremony will recognise and pay tribute to the legendary figures in the history of Australian Speedway, while the Australian Speedway Awards will reward the top performers of the year across 12 categories, engaging many of the stakeholders within our sport including Clubs, Venues, Officials, Media as well as competitors.

Remember, every person who submits a nomination goes into the draw for two return airfares from their home state capital city to Adelaide, plus accommodation at the host venue and two tickets to the Speedway Australia Night of Champions. The winner will be announced shortly after the closing date for nominations. Be sure to include details of relevant achievements so our judges can make informed decisions. Click [here](#) for nominations.

ANOTHER SUCCESSFUL YEAR OF RISING STAR



Another Speedway Australia Rising Star Program is in the books, with the 2019 edition wrapping up last Thursday. This year's camp saw refreshed day plans for the competitors, with the education even more focused on motorsport than ever before.

After working with the team at the Australian Institute of Sport in Canberra, we were excited to see the changes implemented and we're extremely pleased with the results. The week saw the participants take part in a wide range of both physical and theory sessions. Some highlights included;

- An educating talk on the Code of Conduct and Respect from Gary Winterbottom.
- An introduction to the Australasian Speedway Promoters Association with Guy Thompson.
- Strength & Conditioning training in the gym plus physical testing of their current stamina.
- One on one sessions with a Sports Psychologist
- Fundamentals of nutrition and a run through of how to create a race day meal plan.
- Fitness and Pilates training.
- Battling tiredness and fatigue, plus utilising hot/cold pools for recovery.
- An upbeat talk with Ben Bishop on thinking outside the cockpit, plus drivers' relationships with tracks.
- A chat to leading personalities in the sport including Liam Williams, Kathy Kelly & Greg Lynd.
- How to properly warm up on race day.
- Media, marketing and presentation skills with Wade Aunger.
- And, the ever-popular team bonding trip Go Karting!

We will now set about working on how the Rising Star program will look in 2020, combined with our Kids to Grids program, as well as continuing to engage with these athletes throughout the year.

